DOGOteka

Phytopharmacy for dogs and cats.

PUPPY GROWTH

AN OPPORTUNITY

THAT COMES ONLY ONCE



DOGOTEKA GUIDE

A practical guide to supporting puppies and kittens during their first months of life



www.dogoteka.shop

1. YOUR PUPPY'S BODY IS BUILDING THE ADULT OF TOMORROW

When we think about a puppy's growth, we tend to think mainly about food: good-quality nutrition, a balanced diet and steady weight gain.

But growth means much more than that.

During the first months of life, a puppy's metabolism works at an extraordinary pace. Every day, its body is building new cells and new tissues.

It is developing:

- **bones and joints**
- **muscles, tendons and ligaments**
- **organs**
- **the immune system**
- **the intestinal microbiota**

In other words, your puppy is not simply getting bigger.

IT IS BUILDING THE ADULT IT WILL BECOME TOMORROW.

Growth is a unique biological phase. It happens only once, and what is built during those first months will accompany the animal throughout its entire life. That is why the question should not simply be:

"Is my puppy growing?"

but, more importantly:

"How is my puppy growing?"



2. AS LONG AS THE GROWTH PLATES ARE OPEN, THE BODY IS STILL BUILDING

During growth, specific areas known as **growth plates**, or physes, are located at the ends of the long bones.

These are the areas through which bones continue to lengthen and develop.

As long as these **growth plates remain open**, the **puppy's skeleton is still under construction.**.

This means that **growth** is a dynamic phase during which the body uses nutrients, energy and metabolic resources every day to build new structures.

When the **growth plates close**, **this phase comes to an end.**

The bone has reached maturity, and that specific window of growth CANNOT BE REOPENED.



This is where one of the most important concepts behind the **Dogoteka approach comes from:**

During growth, we have a **UNIQUE BIOLOGICAL WINDOW** in which we can support the body while it is building the adult of tomorrow.

This does not mean that we can change what is genetically determined. It means creating the best **possible conditions** for the puppy's potential to develop in the most **balanced way** possible.

As long as the puppy is growing, we can support this process of development. Once growth is complete, we can take care of what has been built, but we cannot go back and repeat that phase.

Growth happens only once.
Make it count.

8-Week Puppy Growth Progress with **Dogoteka Products**













3. IT'S NOT ONLY ABOUT WHAT YOUR PUPPY EATS, BUT HOW ITS BODY USES IT

We can think of a puppy's body as a large construction site. Every day, essential building materials arrive:



But on a construction site, simply delivering the materials is not enough.

They need to be used correctly, transported where they are needed and transformed into new structures.

At the same time, anything the body does not need must be efficiently eliminated.

This is why **good nutrition is essential**, but it is not only about what we put into the body:

+ what matters is also how effectively the body is able to use it.

This is the principle behind the Dogoteka approach.



4. THE GUT, IMMUNE SYSTEM AND GROWTH WORK TOGETHER

In a puppy, every system is connected to the others.

The gut, for example, does much more than simply digest food.

It is home to the **intestinal microbiota**, a complex ecosystem of microorganisms involved in **digestion**, metabolism and the normal functioning of the immune system.

In puppies, the microbiota is **still developing**.

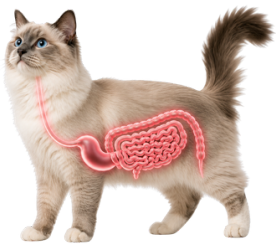
The **immune system** must also gradually mature and learn how to respond to stimuli from the environment.

This is why moving to a new home, dietary changes, antibiotic therapies, travel, seasonal changes and other periods of stress can quickly affect this delicate balance.

The Dogoteka approach starts precisely from this principle:

Rather than supporting a single organ, we support different systems that work together.





5. WHEN THE PUPPY ARRIVES IN ITS NEW HOME

A puppy generally joins its new family between **2** and **3 months of age.**

A kitten usually arrives later, not before **3½ months of age**, after spending a longer period with its mother and littermates.

In both cases, moving to a new home represents a major change. The environment, people, smells and routines change — and often the diet changes as well.

Even when a puppy appears calm and curious, its body is going through an important period of adaptation.

One of the first systems to be affected by **stress** is often the **gut.**.

For this reason, we recommend starting with **LactoAdapt.**

6. THE DOGOTEKA GROWTH PROGRAM





What is it for?

LactoAdapt helps support the intestinal microbiota and can be particularly useful whenever intestinal balance is put to the test.

When to use it

We recommend a course

- when the puppy arrives in its new home
- when changing diet
- during or after antibiotic therapy
- during periods of stress
- during travel or boarding
- at the change of season

For how long?

The recommended course is **3 weeks.**

LactoAdapt can be repeated several times throughout life whenever a situation arises that may disrupt intestinal balance.
It is therefore not a product intended only for the growth period: it can also be used in adult dogs and cats.

DURING **THE ENTIRE GROWTH**



Throughout the growth period, we recommend using **DogoJunior** and **MultiAdapt** together, without breaks, until growth is complete.

The two products act on different but complementary aspects.

What is it for?

DogoJunior is designed to support developing structures throughout the growth period.

It particularly supports:

- bones
- joints
- tendons
- ligaments
- connective tissue

DogoJunior is not a conventional chondroprotective supplement.

It was not developed simply to **“protect cartilage”,** but as broader phytotherapeutic support for the structures the puppy is building.

The goal is not to treat a diseased joint.

It is to physiologically support an organism that is rapidly building its own structures.

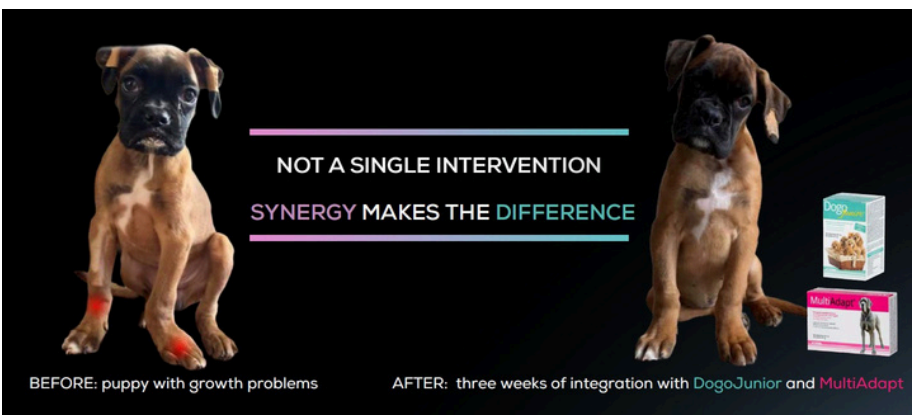
When to use it

Throughout the entire growth period.

For how long?

Until growth is complete, without breaks.

Unlike conventional chondroprotective supplements, which are often used in cycles, **DogoJunior** is designed to provide continuous support throughout the phase in which the body is building its structures.The duration therefore varies depending on the species, breed, size and individual maturation of the animal.





What is it for?

MultiAdapt is often mistaken for a multivitamin.

But MultiAdapt is not a multivitamin.

A good complete food should already provide vitamins, minerals, proteins, fats and energy in the necessary amounts.

MultiAdapt serves a different purpose.

It is a phytotherapeutic supplement designed to support the body's natural defences and its ability to adapt to stress.

During growth, metabolism is working intensively, the immune system is still maturing and the body must continuously adapt to new stimuli.

When to use it

Throughout the entire growth period, together with **DogoJunior.**

For how long?

Until growth is complete, without breaks. **DogoJunior** and **MultiAdapt** are recommended together because during growth we should not only support what the puppy is building.We also need to support the body that has to build it.

DogoJunior supports the developing structures. **MultiAdapt** supports the body throughout this **intense phase of development**.

ANOTHER IMPORTANT PIECE: **FATTY ACIDS**



Fatty acids perform numerous functions in the body and provide important nutritional support during growth.

Modern diets can provide fatty acids from different sources and in different proportions. For this reason, targeted supplementation of the dietary lipid profile may be useful for some animals.

DogoOmega Plus combines different lipid sources, including fish oil, krill, algae and vegetable oils.

What is it for?

It can be used as nutritional support for:

- growth and development
- skin and coat
- metabolism
- the normal balance of physiological processes

When to use it

It can be included in the daily diet throughout the growth period. It is also useful for adult animals.

For how long?

It can be used daily and continuously.

DogoOmega Plus is therefore not a product that needs to be used only in cycles; it can become part of a dog's or cat's regular daily supplementation.

WHEN **DIGESTION** NEEDS **SUPPORT**



During growth, the following may occasionally occur:

- difficult digestion
- poorly formed stools
- bloating
- digestive irregularities
- digestive sensitivity following a change of diet

DogoDigestive is designed to support normal physiological digestive function whenever the digestive system needs additional help.

When to use it

When digestive difficulties or changes in normal digestion occur.

For how long?

Until the symptoms disappear or normal digestive function is restored.

LactoAdapt and DogoDigestive do not perform the same function.

LactoAdapt primarily supports the **intestinal microbiota.**

AND WHEN THE **PUPPY** BECOMES AN **ADULT?**

Growth comes to an end, but **preventive care continues**.

Once **adulthood** is reached, the goal changes:

WE ARE NO LONGER SUPPORTING THE DEVELOPMENT OF NEW STRUCTURES, BUT HELPING TO MAINTAIN OVER TIME WHAT HAS ALREADY BEEN BUILT.

LACTOADAPT



It continues to be useful in adult animals as well.
We recommend a **3-week course**: at the change of season, when changing diet, during or after antibiotic therapy, during periods of stress, during travel or boarding, whenever intestinal balance is put to the test.

DOGOMAXY



Once growth is complete, it can be used in cycles to support the musculoskeletal system and as part of a joint prevention and maintenance programme.
The goal is different compared with DogoJunior:
During growth, we build.
In adulthood, we protect and maintain.



DOGOOMEGA plus

It can continue to be used daily, even in adult animals, to provide targeted supplementation of the dietary fatty acid profile.



LACTOADAPT STOP

A product to always have at home.
Diarrhoea, **stress, travel** or minor intestinal upsets can occur in adult animals too.
Having it readily available allows you to act quickly according to the directions for use.



DOGOteka

UNLEASH the Paw-sibilities

THIS IS JUST THE BEGGINING
Every stage of life has different needs.

Gut health, joints, skin, immune system, urinary tract, digestion, senior care, reproduction, stress and much more.

Discover the full **Dogoteka** range and find the support best suited to your dog's or cat's individual needs.

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